

# HOLIDAY Swimming - Rules

These rules must be read in conjunction with the Normal Operating Procedures (NOP)  
Summer Holiday Time

1. **A first aid kit, whistles and mobile phone must be present at the poolside. (Lifeguard to check).**
2. **A minimum supervision level of 3 adults is required as follows:  
One lifeguard and two adult helpers**
  - **Pre-school children must have an adult with them, in the pool.**
  - **Children under 8 years old must be accompanied by an adult**
  - **Children 8 years and over may be left, provided an emergency contact number is left in the register.**

## The adult helper's children

If the adult helper has a child under 8 years old, they must sign responsibility for the supervision of their child over to another nominated adult (use the relevant part of the register form) when they are on duty.

If the child is of pre-school age, this nominated other adult has to be with the child and in the water. This adult can only supervise one child at once. A ratio of 2 children to one nominated adult is permitted for children of school age and up to 8.

3. **The maximum number of persons allowed in the swimming pool is 20.**
4. **The supervisors must keep a careful watch on what is happening in the pool at all times. Adults and children must behave sensibly at all times.**
5. **In the interests of safety, the noise level must be minimal so that whistle signals can be heard.**
6. **Jumping, running on or diving from the poolside is not allowed. Anyone who does not behave responsibly or courteously will be excluded.**
7. **All children and adults should enter the water via the footbath or bowl of water taken from the pool.**
8. **No child should go into the water with an open wound or wearing nappies that are not swim nappies.**
9. **NO GLASS BOTTLES, PICNICS or ALCOHOL can be brought into the pool complex. Children must not eat during their swimming session. Parents must ensure all waste is put in the bin.**
10. **In an EMERGENCY the schools EAP (Emergency Action Plan) must be followed.**
11. **No shoes with heels should be worn, as these may puncture the rubber surface.**

**The Lifeguard can ask ANY CHILD OR ADULT TO LEAVE without giving a reason.**

G.Kolter, Headteacher – June 2018